

Appointment Information

Date: ____/____/____
mm dd yy

Time: _____

What it is a mammography

- A mammography is an x-ray picture of the breast designed to detect abnormalities or tumors.
- It helps in the early detection and diagnosis of breast cancer.
- Usually has no side effects.

Types of mammograms

Screening mammograms are done for women who have no symptoms of breast cancer. It can detect lumps or tumors that cannot be felt. They can also find microcalcifications or tiny deposits of calcium in the breast, which sometimes mean that breast cancer is present.

Diagnostic mammograms are used to check for breast cancer after a lump or other symptom or sign of breast cancer has been found. This type of mammogram also can be used to find out more about breast changes found on a screening mammogram, or to view breast tissue. A diagnostic mammogram takes longer than a screening mammogram because it involves more x-rays in order to obtain views of the breast from several angles.

How to prepare

- **Bring your prior mammogram images** if they were done at a different location. This can be easily obtained on a CD. Bring them with you to your appointment so we can compare them with your new images.
- **Don't use deodorant before your mammogram.** Armpits need to be shaved. Avoid using deodorants, antiperspirants, powders, lotions, creams or perfumes under your arms or on your breasts. Metallic particles in powders and deodorants could be visible on your mammogram and cause confusion.
- **Please let us know if you are pregnant or may be pregnant.**
- **Please arrive 15 minutes prior to your scheduled appointment time.**