

### Appointment Information

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
mm dd yy

Time: \_\_\_\_\_

## What it is an X-ray

An X-ray is a painless test that produces images of the structures inside your body particularly your bones. The X-rays are a form of radiation, like light or radio waves, that can be focused into a beam, those beams pass through your body, and they are absorbed in different amounts depending on the density of the material they pass through.

## Upper extremity X-rays

This test uses radiation to produce detailed images of the bones of the upper extremity and includes the shoulder, arms, elbow, forearm, wrist, hand and fingers.

## Why it is done

This X-rays are done to evaluate and diagnose:

- Fractures or broken bones
- Infections
- Arthritis
- Osteoporosis
- Tumors (abnormal masses of cells) or birth defects
- Bone deformities

There may be other reasons for your doctor to recommend an upper extremity X-ray.

## Types of upper extremity X-rays you can get at CliniSanitas

- Elbow X-ray
- Arm X-ray
- Forearm X-ray
- Hand X-ray
- Humerus X-ray
- Shoulder X-ray
- Wrist X-ray
- Carpal X-ray
- Fingers X-ray
- Bone age study

## How to prepare

- Generally, no prior preparation is needed
- Tell the radiology tech if you are pregnant or suspect you may be pregnant.
- If the patient is under 5 years of age, he or she needs to come to the appointment with two adults who are not pregnant.
- You may be asked to provide prior test results, if needed.
- Please arrive 15 minutes prior to your scheduled appointment time.